

## News Briefs

### Wing down day

Col. Dave Goldfein, 52nd Fighter Wing commander, has declared May 27 a wing down day. Wing agencies are closed.

### Major selectees announced

The 52nd Fighter Wing congratulates the following individuals for their selection for promotion to major: **Nelson Avila Jr.**, 52nd Communications Squadron; **Jeannette Clark**, 52nd Mission Support Squadron; **Tad Clark**, 22nd Fighter Squadron; **Diallo Creal**, 81st Fighter Squadron; **Thomas Crosson**, 52nd Fighter Wing Public Affairs; **Jesse Friedel**, 23rd Fighter Squadron; **Angel Lozada**, 52nd CS; **Sheryl Ott**, 52nd FW Safety Office; **Darren Paladino**, 52nd Aircraft Maintenance Squadron; **Sean Rassas**, 52nd Operations Support Squadron; **Brett Rawald**, 22nd FS; **James Warf**, 606th Air Control Squadron; and **Paul Willingham**, 23rd FS.

### Vehicle stereo noise

The 52nd Security Forces Squadron has received several complaints regarding excessive vehicle stereo noise in base housing areas. Residents and guests are reminded that according to Spangdahlem Air Base Instruction 31-204, vehicle stereos will not be played at excessive levels. Excessive levels are defined as music being clearly heard within approximately 50 feet from the vehicle with the vehicle windows rolled down.

### Medical group closure

The 52nd Medical Group will be closed June 2 from 7:30 a.m. to 4:30 p.m. for training. People in need of urgent care should go to the Bitburg Annex emergency room. For more information, call 452-8333.

### ID card surrender

Some wing members may be asked to surrender their identification cards to bartenders as a condition to enter or drink at local establishments. As referenced in Air Force Instruction 36-3026, Air Force ID cards are U.S. government property and will only be surrendered to appropriate military authorities as required. Military members may show the card for age verification, but they may not relinquish it. If local establishments need an ID to hold, members must use another form of ID. For more information, call the 52nd SFS law enforcement desk at 452-6666.

### Housing office closure

The Spangdahlem AB Housing Office will be closed Thursday and May 30 in observance of a local holiday and Memorial Day, respectively. For more information, call Conny Chance at 452-7944.

### Marco!

Polo! Read about the Eifel's hot summer swimming spots.

Read "Eifel pools gear up for summertime fun" on Page 7.



# RESCON

Watch

## BRAVO

1-2 DUIs in the Last 30 Days

Days since last DUI: 7

Rank of last DUI: staff sergeant  
Squadron of last DUI: 52nd AMXS

Data Courtesy of the 52nd SFS

When going out, have a plan or call Airmen Against Drunk Driving at 06565-61-2233.

# Eifel Times

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May 20, 2005

## Wing CC unveils Saber '0-1-3'

By Col. Dave Goldfein  
52nd Fighter Wing commander

Last Friday, we celebrated more than 30 days without a driving-under-the-influence (DUI) incident with a wing down day. Way to go, Sabers!

With continual focus and involvement at every level, there will be more down days ahead. In our first month under the new RESCON program, we went 34 days without a DUI. Our eventual goal is 52 consecutive days without an alcohol-related incident (ARI).

Next week, we roll out an exciting program called "Saber 0-1-3." It is a positive and creative program designed to change our culture here in the Eifel.

Let's be honest -- we live at the *center of the universe* for great beer and wine here in the Mosel valley.

As we approach the summer "fest" season, there will be ample opportunities to explore the local area and enjoy not only the fellowship of our German hosts, but also the local beer and wine which are so much a part of these celebrations.

The question is not whether or not to enjoy these local celebrations where alcohol is served. Rather, our Saber 0-1-3 program focuses on how to drink responsibly by setting some limits on how quickly and how much we drink. This is *not* an anti-DUI program. Our RESCON policy covers this end of the ARI spectrum. If we drive, we don't drink.

The Saber 0-1-3 program describes our new standard for how to drink alcohol responsibly when we choose to do so. Here is a quick breakdown of the numbers:

♦ **0 alcohol related incidents** -- Did you know we are five

times more likely to be involved in an ARI at Spangdahlem AB than any other base in our Air Force? Surprising? Wait until you see the rest of the statistics in the opening briefing next week.

♦ **1 drink per hour** -- This is as much as our livers can process. Extensive research outlines the importance of this limit.

♦ **3 drinks per night** -- Research shows that the potential for high-risk behavior from irresponsible use of alcohol goes up exponentially after the third drink. Also, after the third drink, our capacity to further limit our consumption goes down considerably.

Our kick-off to this campaign actually occurred last week when I hosted a lunch for all the bar owners in our local area. They are fully on board to support Saber 0-1-3 as teammates.

Expect to see the Saber 0-1-3 logo start appearing in all local establishments. I think you will agree the logo itself is awesome -- no surprise since our Just Airmen and First Term Airmen Center members designed it.

Next week, we bring Saber 0-1-3 to the wing. Our goal is to reduce ARIs by 50 percent over the next two years. I am confident we can achieve our goal.

Few believed we could go 30 days without a DUI and we did it ... and we will do it again en route to 52 days. I am asking each of you to embrace the Saber 0-1-3 program as our new standard. It dovetails perfectly with our Combat Wingman program as we continue to take care of each other. Let's enjoy living here at the *center of the universe* ... responsibly.



## Memorial Day: Take the time to remember

By Gen. Robert H. "Doc" Foglesong  
Commander, U.S. Air Forces in Europe

**RAMSTEIN AIR BASE, Germany (USAFENS)** -- Each Memorial Day, Americans set aside time to remember and pay homage to the sacrifices of our nation's fallen heroes. These brave young Soldiers, Sailors, Airmen and Marines dedicated their last full measure of devotion to service before self in order to preserve our freedom.

From the Civil War to today's military operations in Iraq and Afghanistan, these brothers, fathers, sisters and mothers laid

down their lives not only for the future of Americans and their families, but to provide freedom and a better way of life for those around the world.

Still today, across the European landscape, you will find proof of the carnage of two world wars. Not far from here in St. Avold, France, is the final resting place for 10,489 U.S. military members who died fighting to liberate that country during World War II. The seemingly endless rows of white headstones, each representing one of our selfless patriots, serve as a reminder of the enormity of America's loss to ensure

freedom on the European continent.

Each year across Europe, our friends and allies join us in memorial services over the Memorial Day weekend to pay homage to the memories of America's heroes. I encourage you to take advantage of the unique opportunity to attend one of these ceremonies.

Above all else -- please take the time to reflect and remember. Those that have so bravely gone before us lit the torch. It's our responsibility to cherish our freedom and remember what the flame means as we proudly carry it on.



Senior Airman Amaani Lyle

### 'Wiz' kid

Jonathan Sullivan, 5, son of Staff Sgt. Mike Sullivan, 52nd Component Maintenance Squadron, uses an interactive storybook Wednesday. Jonathan's mother, Brenda, uses her laptop in the background. Computer connectivity and interactive storybooks are just a few of the improvements made to U.S. Air Forces in Europe libraries through the Command and Special Interest Program, Project Wizard. Through the program, Spangdahlem Air Base and the Bitburg Annex libraries received funds for 12 new computers to be divided between the libraries.



# Students visit WWII veterans for candid chat at 'Europe Day 2005' in Luxembourg

## BHS teenagers listen to war stories from actual survivors

Story and photo by Senior Airman Amaani Lyle

52nd Fighter Wing Public Affairs Office

Textbooks sprang to life May 9 for scores of Bitburg High School and European students who met at Luxembourg's Abbaye de Neumuenster Cultural Center to interact with World War II veterans and compulsory workers of the same era.

The Abbaye, where 4,000 men and women were once imprisoned by German State Police during the 30's and 40's, was the backdrop for students from more than a dozen countries to encounter actual living history with the event's theme, "Libération et Mémoire, Europe 2005."

"We selected students with some knowledge or interest in foreign languages, particularly French and German, to come and see the languages they are studying in action," said Dan Schaffer, Bitburg High School foreign language teacher.

Twelve World War II witnesses assembled in various Abbaye rooms -- each containing some 20 students -- to share frank, candid accounts of their involvement in the war.

While there were some English translators available to facilitate the question and answer sessions, several French, German and Austrian participants spoke in their native tongues as students listened intently to chronicles of the bravery, wit, resolve and, at times, dumb luck that saved them from demise.

The speakers exposed students to some of the lesser-studied aspects of the war -- particularly that of the Luxembourg resistance, the Irish guard's participation in the liberation of Luxembourg, and the contributions of African Americans.

### The 'Résistance'

The Luxembourg resistance organized soon after the Nazi occupation there on May 10, 1940. Its repression involved the imprisonment, deportation and transfers of thousands of patriots to concentration camps.

The small country of Luxembourg, an unarmed neutrality, found itself nearly overrun with thousands of deserters from the German army.

Several witnesses who spoke about hiding and living in the region asserted that the contentions and dangers were so high that nearly all people there were "either in the resistance or they were not."

Deserters, allies and an assortment of activists banded together to inform, educate and ultimately save lives.

One witness, Aloyse Rath, a founding member of a Luxembourgish resistance group who wrote and distributed resistance pamphlets, told by way of an English translator, the adolescent audience an incredible story of his nearly ill-fated escape from a "holding" home where prisoners stayed before their transfer to more permanent quarters or concentration camps.

"I was arrested at the Russian front and

charged with being the chief of an intelligence association," Mr. Rath said. "Once at the holding home, I 'joked' with a German guard that if he fell asleep, I would escape. The guard laughed, relaxed, fell asleep, and I actually did escape."

Mr. Rath also noted that even the most seemingly benign household or office items could put people in danger if they were not careful enough to explain their purpose to the Nazis.

"My job as a teacher made me subject to scrutiny by the Nazis, who correctly suspected I may be writing and distributing resistance materials," Mr. Rath said.

"Even owning a typewriter could raise a red flag if you couldn't verify to the Germans what it was used for," he said.

### Irish Guards, the Grand Duke

Another witness, John Ross, enlisted in the Irish Guards in 1942, at the same time as then Prince Jean of Luxembourg. Though Mr. Ross became a lawyer after the war, he and the now Grand Duke Jean have remained friends. Mr. Ross said he was inspired by the Grand Duke's yearning to enlist as an ordinary soldier in the name of democracy and freedom.

"I remember a drill sergeant asking Jean to sound off his name while we were in formation," Mr. Ross said. "It was funny to hear him say 'Jean ... of Luxembourg!' I've never heard a drill sergeant get so silent," Mr. Ross said over audience laughter.

Mr. Ross said camaraderie and esprit de corps united allied forces troops from around.

"You'll still find a lot of Irish regiments in the British army, but it didn't matter which allied force you were a part of," Mr. Ross said. "The idea was to survive and beat the Germans."

### Power in diversity

Another veteran, 81-year-old Shelton Smith, served as a mechanic in Gen. George S. Patton Jr.'s 3rd Army at a time when African Americans were generally not allowed to serve in combat units. His unit supplied ammunition, supplies and fuel to keep General Patton's tanks in action.

Mr. Smith, who married a Luxembourg native and now resides in Luxembourg, said his experience with the students at the Abbaye meant "everything" to him.

"Back in my day, you didn't have much time to think; you only took orders," Mr. Smith said. "So it's so wonderful to see young people here who want to think for themselves and understand how many lives were saved, as well as the many sacrifices made during the war."

Many of the U.S. and European students present applauded and stayed well after the question and answer sessions just to shake the hands and get photos of the raconteurs.

"Europe Day taught me that while I have one view of the war, other people have many others," said BHS student Gabby Ussery, daughter of Susan Ussery, Bitburg Elementary School principal.

"I was glad to hear their views and experiences. The veterans brought their stories to life, while a textbook merely records such stories," Gabby said.



Students and other spectators applaud after hearing an introduction and World War II background information from Paul Dostert, second from right, documentation director for the Center of Resistance, and actual witness accounts from John Ross, right, a former Irish guard enlistee who befriended then Prince, now Grand-Duke Jean of Luxembourg. Mr. Ross was the only Irish Guard ever elected to Irish Parliament. In 1990, he retired as a senior partner of one of the largest Irish law firms.



**May 2005  
Advanced Education  
-- You'll Have It  
Forever!**

Advanced education is something near and dear to our hearts. The benefits of advanced education are far reaching and deeply impacting. Education is one of the many factors that make America the greatest nation. The United States ranks number one in the world with the highest number of university students. We also spend more money per student on all levels of education than any other country. These two rankings show the emphasis we place on education -- we realize its value and back it up with our resources.

There are many individual benefits of an advanced education. It develops skills and knowledge in an area of expertise, but it's much broader than this -- it also produces well rounded individuals. Part of the advanced education process is to teach us how to think through problems and where to search for answers. These skills are ultimately more valuable than specific facts we learn in a core area. They can be applied to any area of our life and benefit us no matter what job we move to in the future.

In addition to specific facts and teaching us the process of learning, advanced education exposes us to new and different ideas. We come from different backgrounds and have different approaches to life based on our experiences. As we pursue education, we learn about other cultures, gain new experiences and are able to view things from different perspectives we never would have considered. Oliver Wendell Holmes said, "Man's mind, once stretched by a new idea, never regains its original dimensions." Advanced education expands our horizons -- it widens our intellect.

We place a high importance on advanced education and want to make it as user friendly as possible for everyone in USAFE. We developed the Combat Education program to help every member of the USAFE team take advantage of the benefits of an advanced education. Its goal is to remove the barriers that hinder Airmen from pursuing their educational goals. The military lifestyle and environment we live in isn't always conducive to the pursuit of advanced education. Combat Education eases the burden through innovative and flexible class scheduling. We strive to take the classes to you where you work. The program also increases computer access through Learning Resource Centers throughout USAFE.

Advanced education is a valuable benefit to the individual, to the Air Force and to the nation. Every day is a new opportunity to deepen our knowledge and expand our horizons. The automobile pioneer Henry Ford said, "Anyone who stops learning is old, whether at twenty or eighty." Keep learning and stay young -- education is something you'll carry with you forever!





Senior Airman Amaani Lyle

## Top Saber Performer

**Name:** Robert Brown  
**Unit:** 52nd Fighter Wing History Office  
**Duty title:** Historian  
**Hometown:** Gold Beach, Ore.  
**Years in service:** 18 years, 11 months  
**Nominee's contributions to 52nd Fighter Wing mission success:** Considered by U.S. Air Forces in Europe officials to be among the top historians, Sergeant Brown does an outstanding job, capturing the contributions of the 52nd FW and ensuring those contributions are documented. He was the first historian in USAFE to

submit required histories on time, and the USAFE historian recognized him for his outstanding efforts.

**Off-duty volunteerism and professional development pursuits:** Sergeant Brown is a member of Tier II, and he is currently completing his Community College of the Air Force degree.

**What do you do for fun?** I enjoy hunting, fishing, hiking and cycling.

**What do you like most about being stationed here?** I enjoy the travel opportunities; no matter where my family and I travel, we always seem to find something unique and enjoyable to do.

**What's one thing you'd like to see changed or improved at Spangdahlem Air Base?** I would like to see the jogging track reconstructed with a concrete or asphalt base and rubber surface just to make it an all-weather track.

## Wing lauds volunteers of year

### Staff reports

The 52nd Fighter Wing recognizes the achievements of the following group and individuals for outstanding volunteer service in 2004.

**Group volunteer of the year:** Spangdahlem Spouses and Enlisted Members' Club; **Age 14 and Up Youth Volunteer:** Travis Hewitt; **Age 14 and Under Youth Volunteer:** Amy Davis

**Allison Carnahan**, spouse of Master Sgt. Russell Carnahan, 606th Air Control Squadron first sergeant, was recently honored as the U.S. Air Forces in Europe nominee for the 2005 Zachary and Elizabeth Fisher Distinguished Civilian Humanitarian Award. She was nominated

for her contributions to the Spangdahlem Spouses and Enlisted Members' Club.

The award is named in honor of Zachary and Elizabeth Fisher and recognizes the Fishers' personal qualities of patriotism, generosity and selfless dedication to the armed forces of the United States.

Ms. Carnahan will now compete for the award at the Air Force level.

**Karen Lage**, spouse of Chief Master Sgt. Steven Lage, 52nd Mission Support Group chief enlisted manager, was recently awarded the wing-level Joan Orr Air Force Spouse of the Year for her outstanding volunteerism and community service efforts.



Capt. Thomas Crosson

### Saber connect

Col. Dave Goldfein, 52nd Fighter Wing commander, chats on American Forces Network with 2nd Lt. Reggie Tolentino, 52nd Services Squadron lodging OIC. The lieutenant shadowed the wing commander as part of the *Commander's Mentorship Program*. A Honolulu, Hi., native with 23 months of Air Force service, Lieutenant Tolentino cited his earning of the first quarter 52nd SVS Company Grade Officer of the Quarter award as a noteworthy accomplishment. He added the most important thing he learned from spending the day with the commander is the significance of time management and "big-picture" thinking in leadership.

## Eifel Salutes

### 52nd Mission Support Group

The 52nd MSG recognizes the following individuals for outstanding performance during Exercise Golden Warrior 05-02. **52nd MSG: Senior Airman Lisa Zollner; 52nd Communications Squadron: Master Sgt. Harold Ayers, Staff Sgt. Elmer Ramos and Airmen 1st Class Justin Silvanic and Jason Daly. 52nd Mission Support Squadron: Staff Sgt. Theresa Mensinger, Senior Airman Lucia Romulus, Airman 1st Class Lechard Jones, and Airman Jena Walp; 52nd Logistics Readiness Squadron: 52nd LRS Unit Control Center, Senior Airmen Jeffery Campbell, Stephen Price, Jeremy Bowman, and Latonya Jackson and Airmen 1st Class Fathia Jones, and Jamie Wells; and Airman Jonathan Anderson (52nd CS augmentee); 52nd Security Forces Squadron: Master Sgt. Todd Nappe, Staff Sgts. Chester Daffern, Donald Fisher and Mark Reineke; and Senior Airman Peter Villa; 52nd Services Squadron: Staff Sgt. Michelle Messer.**

### 38th Munitions Maintenance Group

Hats off to **Maj. Kenneth Speidel** and **Capt. Patrick O'Halloran** for picking up 38th Combat Support Wing Field Grade Officer and Company Grade Officer of the Quarter, respectively. A smart salute to **Staff Sgt. Macrina Martinez**, who not only received a degree from Community College of the Air Force, but won the Pitsenbarger Scholarship Award. **Staff Sgt. Jason Schieble** had the lock on security of the squadron area during recent political protests outside of Kleine-Brogel Air Base, Belgium. **Tech. Sgt. Samuel Griffith, Staff Sgt. Lacy Britt, and Senior Airmen David Sepulveda and David Grant** traded in their torque wrenches for weed whackers to make the appearance of their squadron match their performance -- immaculate. **Staff Sgts. Jeremy Olsen and James Flowers** stepped up to train critical tasks in the absence of the primary training NCO. Kudos in spades to 38th MMG Airman of the Year **Senior Airman Jason Spade**, for the repair and opera-

tion of fixed radio, satellite, security and all other hard-wire communications systems valued at more than \$11 million. Toast of the town is **Staff Sgt. Jesse Brown**, who ran a four-person shop during a manning shortage for 21 days during a recent system upgrade.

### 52nd Maintenance Group

**Staff Sgt. Curt McBroom** swept the folks in Zaragoza, Spain, off their feet with his expert leadership of a team of three aircraft egress technicians, ensuring flawless cockpit ejection for the 23rd Fighter Squadron. It's not hard to generate a salute for **Senior Airman William Fields**, who spearheaded the manufacture of his section's generator test stand adapter kit, saving the Air Force \$44,000. Stepping on the gas is **Staff Sgt. Damon Lewis**, who led a team of five fuels technicians, supporting the 81st Fighter Squadron while deployed to Royal Air Force Lakenheath Air Base, England.

### 52nd Medical Group

**Holly Jo Carpenter** had the right tools to fill in as a squadron secretary, and **Master Sgt. Dennis Bryant** did a bang up job stepping in as a squadron superintendent. Uplifting salutes to **Staff Sgts. Earl Thomas, Mandi Wichman, and Saquadrea Crosby** and **Senior Airman Nancy Martinez**, who put forth great effort in leading the 52nd Aerospace Medical Squadron morale committee. Knowing the "drill" is **Senior Airman Bobby Cofield, Airman 1st Class Demetris Cone** and **Airman Andre Golden**, who employed teamwork to set up and run the dental instrument processing center.

### Eifel community

Man's best friends were the Bitburg Annex emergency room staffers as well as 52nd Security Forces Squadron members **Staff Sgt. Eric Wade** and **Senior Airman Robert Aldinger**, who rendered superior care to a family member who had been bitten by a dog.

*Kudos to all; Team Eifel salutes you!*

(Compiled by Senior Airman Amaani Lyle, 52nd Fighter Wing Public Affairs Office)



Senior Airman Amaani Lyle

## Top Saber Team

**Unit name:** 52nd Fighter Wing Command Section

**A brief description of unit responsibilities:** The team provides information management and protocol support to the Spangdahlem Air Base, wing and vice commanders, director of staff, executive officer and command chief master sergeant. The section processes correspondence and hundreds of enlisted and officer performance reports, decorations and command section daily read files. The team coordinates wing quarterly and annual awards, monitors wing suspenses and organizes the commanders' special events to include receptions, dinners, tours, ceremonies and other functions.

**Number of members:** 10, not pictured are Staff Sgt. Debra Jackson, Konnie Pitsch and Bernhard Schaefer.

**How does the team fit into the 52nd Fighter Wing's mission?** The wing command section team ensures top quality customer service to internal and external customers. They also ensure actions are coordinated in a timely manner, and track every suspense in the wing. Most importantly, they ensure command section leadership members are equipped for day-to-day operations, temporary duties or deployments.

**Team's other contributions through the year?** The protocol office arranges briefings, tours, billeting, transportation and escorts for more than 75 distinguished visitors annually. Wing staff members are engaged in base and community volunteers programs to include Tier 2, Top 3, Spangdahlem Middle School, AWANAS and Boy Scouts.



Where dentists come to you ...

# Dental bus treks north for semi-annual GSU visit

Story and photo by  
Airman 1st Class Eydie Sakura  
52nd Fighter Wing Public Affairs Office

The 52nd Dental Squadron's dental bus is a fully functioning dental clinic on wheels and is the only one of its kind in the Air Force.

The bus travels twice a year to various geographically-separated units in three countries for two weeks at time -- providing expeditionary treatment for active duty Airmen, along with treatment for their families.

"We visit some of our GSUs so the people stationed there do not have to go on (temporary duty assignment) travel to Spangdahlem to get their yearly dental exam," said Capt. Steven Caldrony, 52nd DS dentist. "This bus saves the Air Force about 3,500 hours of lost duty time due to travel per year and about \$75,000 in patient TDY travel costs."

Since the first appearance of the bus in 1999, it travels each spring and fall to Volkel Air Station, Netherlands; Kleine Brogel Air Base, Belgium; Buechel Air Station, Germany; and Kalkar National Support Unit,



**Capt. Steven Caldrony, 52nd Dental Squadron dentist, and Airman 1st Class Terah Murphy, 52nd DS dental technician, give Staff Sgt. Joseph Toth, 702nd Munitions Support Squadron command post emergency actions controller, a filling during their spring visit to Buechel Air Base, Germany, May 5. The 52nd DS dental bus from Spangdahlem Air Base visits four geographically-separated unit sites in three countries twice a year.**

Germany, logging more than 2,100 miles each year.

"We have one dentist and three technicians at all times on the bus,"

said Staff Sgt. Davina Armbruster, 52nd DS dental bus NCOIC. "Our first week at a GSU is for routine cleanings, and the second week is to

provide fillings and minor treatments. We can do emergency work if needed, but it's not ideal."

What is ideal is the time and money saved for team members, some driving up to five hours to Spangdahlem AB from their GSU in order to make their annual appointments.

"The bus is great because it saves me a trip to Spangdahlem," said Staff Sgt. Brandon Jacobson, 702nd Munitions Support Squadron communications maintenance technician, Buechel Air Base, Germany. "It's the worst when your appointment gets cancelled, and you've already made the drive down for your dental appointment. You can lose a whole day."

Losing a whole day for TDY travel for the hundreds of active duty members at the GSUs can put a strain on units around the wing and major command.

"A previous dental squadron commander identified the need to have a mobile unit to visit GSUs throughout the wing," said Senior Master Sgt. Kent McCormack, 52nd DS superin-

tendent. "The Pacific Air Force is looking at the dental bus option for GSU area support in Korea, but right now, we are the only bus in the Air Force."

Being the only one of its kind in the Air Force can make for a unique working environment.

"It's pretty cool to work on the bus because we're basically self-sufficient, and it's a great experience to be on the road," Captain Cadrony said. "But after being on the road for seven weeks, it's nice to get back to the clinic and not have to stay in hotels for awhile."

The 40-foot long, air conditioned bus is handicap accessible and features two dental treatment units, an x-ray machine and processor, a sterilization area and a waiting room.

"All I have to say is whoever designed the bus is a genius," said Staff Sgt. Joel Jiskra, 702nd MUNNS special weapons technician. "It's amazing all the stuff that can fit into the bus, and the staff is really friendly. They have really great customer service, and they had me in and out of the chair in about 15 minutes."

## Spang, Bitburg gates install IACS; ID cards must be updated by July 1

By Airman 1st Class Eydie Sakura  
52nd Fighter Wing Public Affairs Office

Beginning July 1, entry to the Spangdahlem Air Base and Bitburg Annex facilities will be controlled by the Installation Access Control System.

Entry controllers will have hand held scanners to read the identification card holder's bar codes to verify whether the card is valid.

It is mandated that all Team Eifel members holding Department of Defense ID cards be updated in IACS before July 1. This includes all active duty members, federal civilian employees, family members, local national civilians and contractors.

Anyone who has received a new ID card in the past couple months already knows their card is in IACS, said Master Sgt. Terry Wise, 52nd Mission Support Squadron military personnel flight customer support NCOIC.

"I don't foresee a lot of folks waiting until the last minute to register their cards, but we at the MPF and pass and registration sections are ready to assist Sabers as needed," Sergeant Wise said. "This is just an extra step in your security; the process only takes a couple of minutes, and it's mandatory to have it completed."

The system, which was developed by U.S. Army Europe, is already in use at several Army locations in Europe.

Currently, IACS is only being installed in U.S. Air Forces in Europe bases within Germany, said Staff Sgt. Nancy Gonzalez, 52nd Security Forces Squadron IACS NCOIC.

"All DoD ID card holders and their family members over the age of 10 must register their ID cards. All local national employees and contractors must be issued an IACS installation pass. The previous base pass, the yellow USAFE Form 77, will become obsolete once IACS comes online," Sergeant Gonzalez said. "For local national employees and contractors working on the base, the IACS pass will identify any restrictions, such as force protection issues and time limit restrictions."

The target date for installation is July 1. Once

USAREUR installs the equipment at the gates, the 52nd Fighter Wing will be using IACS.

"USAFE and USAREUR installations are going to the IACS system to enhance the traditional manual credential check for installation access," Sergeant Gonzalez said. "IACS is a reality and is coming online and coming quickly. We do not want people to wait for the last minute to register their ID cards."

Guests and visitors to the base will no longer be issued a 30-day pass; rather, local guests can be signed in for a maximum of three days at a time and must be escorted at all times.

Family members from outside Germany who are visiting the base can register for an unescorted entry pass for up to 90 days at the visitor center, said Sergeant Gonzalez.

"The DoD ID card holder must complete a formal request for installation entry and process it through the IACS office," she said.

For more information on guest passes, call Staff Sgt. Nancy Gonzalez at 452-6605, or visit the visitor control center, building 505, near the Spangdahlem AB main gate.

### IACS registration stations for DoD ID card holders at the Spangdahlem AB, Bitburg Annex:

- ♦ Visitor Control Center, building 505; Mondays through Fridays from 7 a.m. to 3:30 p.m.
- ♦ Pass and Registration, building 128; Mondays through Fridays from 8 a.m. to 4:30 p.m.
- ♦ MPF, building 13; Mondays, Tuesdays, Wednesdays and Fridays from 7:30 a.m. to 3 p.m.; Thursdays from 9:30 a.m. to 3 p.m. and 5-7 p.m.
- ♦ Bitburg Annex, building 2011; Mondays through Fridays from 7:30 a.m. to 4:30 p.m.

## Team Eifel's weekend citation breaks 35-day DUI-free streak, brings wing to RESCON Bravo

By David A. Barker  
52nd Security Forces Squadron

Team Eifel had a driving-under-the-influence citation Friday, breaking the 35-day DUI-free streak.

There were six major crashes this week, along with 12 minor wrecks.

Trier was the scene of the latest DUI, where Polizei cited a 52nd Aircraft Maintenance Squadron staff sergeant for failure to stop at a stop sign.

An alcohol test yielded results of a .187 with blood results pending.

Following a down day for maintaining more than 30 days without a DUI, the staff sergeant stopped the trend one day shy of the May 2003 record of 36 days between DUIs.

There were no injuries in relation to any of the major collisions.

The first major accident started on B-50, near the contractor gate. The driver struck a deer.

The second collision was on L-46, near the Herforst turnoff. Speeding and inattentive driving while passing a car caused the driver to flip his vehicle and crash.

Collision number three was on base at Bitburg High School. Inattentive driving in the parking area of the school caused the collision.

The fourth collision was on B-50, adjacent to the Albachmuhle hotel. Speeding caused the accident when the driver struck a wall with the rear of his car.

Collision number five was also on B-50, near the Mettrich exit. Speeding caused the collision.

The last major wreck was on B-50. Speeding caused the collision.

Team Eifel members were also involved in twelve minor wrecks: one from speeding, one in a parking lot, two from improper backing, six from inattentive driving, one with others at fault and one wildlife strike.

### Driver's tip

Speed and inattentive driving causes a high-percentage of vehicle accidents.

### Year-to-date major accident causes

Speeding -- 66 percent

Inattentive driving -- 15 percent

### YTD minor accident causes

Speeding -- 23 percent

Inattentive driving -- 33 percent

Improper backing -- 21 percent





Col. Dave Goldfein.....Commander  
Capt. Thomas Crosson.....Public affairs chief  
1st Lt. Mike Cumberworth.....PA deputy  
Master Sgt. Sean E. Cobb.....PA superintendent  
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Accessing Direct Line

The Direct Line program is a  
way to get answers to questions  
you still have after using your  
chain of command.

Direct Lines of general interest  
will be published in the *Eifel  
Times* and may be edited or  
paraphrased for brevity or clarity.  
Submit your Direct Line via:

- DirectLine@spangdahlem.  
af.mil
- Mailed to 52nd FW/PA,  
Unit 3680 Box 220, APO AE  
09126
- To PA in building 23.
- Concerns may also be sent  
via fax to 452-5254.

Anonymous inputs are  
accepted. To receive a personal  
response you must include your  
name and phone number. Call the  
Eifel Times at 452-5244 for more  
information.



Col. Dave Goldfein

May  
Sortie  
Scoreboard

Aircraft	Goal	Flown	Delta
22FS	226	31	-11
23FS	249	24	-18
81FS	285	14	-1

\*Delta is contract vs. sorties flown to date.

Through May 3

Courtesy of the  
52nd Operations Support Squadron  
Plans and Scheduling Section

# Viewpoint

May 20, 2005

Page 5

## Changes

# Lt. shares lessons learned through AF experiences, shows gratitude for leaders

By 1st Lt. Thomas McCaleb

52nd Aircraft Maintenance Squadron Assistant OIC

Later in the month, I pin on my captain bars. With this milestone around the corner, I have been thinking about my Air Force journey as a lieutenant.

In a nutshell, lieutenants get all the breaks.

Lieutenants get comfortable chairs, usually, and often their own offices. Lieutenants get special care from customer service agencies, and lieutenants get the attention and counsel of senior NCOs who know that commanders share one trait -- they were lieutenants once.

The list of indulgences granted to lieutenants lacks one entry -- credibility. When a sergeant in my first flight learned my age, she thought I was pulling her leg.

“That’s too young,” she said, “for such an important job.” I assured her that although I was young, I meant to learn quickly.

Four years at the Air Force Academy taught me the importance of integrity and of being a true wingman -- keeping your buddy out of trouble in the first place, not covering for him once he lands in hot water.

As a lieutenant, I learned three more lessons that bolstered my credibility as a leader. Young NCOs may benefit from these maxims, and green lieutenants will find them essential.

Four years at the Air Force Academy taught me the importance of integrity and of being a true wingman -- keeping your buddy out of trouble in the first place, not covering for him once he lands in hot water.

First: Know your stuff. Second: Don’t coddle. Third: Make decisions.

### Know your stuff

I work in aircraft maintenance, a field fraught with a huge array of acronyms and regulations -- like most specialties in our Air Force. Every day of my tenure as a lieutenant, my effectiveness as a leader suffered from my ignorance about a part or a program. Until you have knowledge, neither superiors nor subordinates will have faith in your judgment.

### Don’t coddle

It is no secret that a few Airmen do not make the grade for our Air Force -- they must, as the saying goes, shape up or ship out. It is less often noted, but no less correct, that the same holds true for all ranks. If a subordinate displays unsatisfactory behavior, demand correction; if you don’t insist on change, it won’t happen.

### Make decisions

When working together toward a common goal, people crave leadership. In spite of the bar on your collar, you will forfeit this privilege if you do not make decisions.

Realize -- and learn to live with the fact -- that hindsight will prove some decisions mistaken. Listen to your trusted advisors and weigh options carefully, but don’t hesitate to act until events, or your bosses, make decisions for you.

When I first arrived at Spangdahlem Air Base, I didn’t speak the language of aircraft maintenance; I didn’t set high standards for all subordinates; and consequently, I didn’t have confidence or credibility to make decisions and spearhead their execution.

In April, two-thirds of our A-10 aircraft and maintainers traveled to England for three weeks, and my boss traveled with them. Throughout those weeks, I set the priorities for the folks left behind, guided the weekly scheduling process and represented the unit at daily briefings to the group and wing commanders.

I felt a growing regard for my competence, as I showed that I knew a few things, expected stellar performance and could make a decision.

I still struggle to put my precepts into practice, but the more I -- and you -- guide our actions by them, the more our troops will trust us to chart our units’ courses.

## Direct Line

**C**oncern: Several unaccompanied active duty people living off base were told by the traffic management office staff members they were not eligible to get loaner wardrobes, sofas and other furniture, even if those items are sitting in the warehouse, because the furniture was not purchased with the “right” money. Meanwhile, families living off base get up to four wardrobes, while active duty members have been hanging uniforms and other clothing on doorknobs and cabinet handles for seven months or longer while waiting for their unaccompanied furniture to materialize spontaneously in the warehouse.

TMO staff members said they actually got marked down during the U.S. Air Forces in Europe inspection because they had been using items purchased with family housing funds to meet the needs of those living in off-base housing who arrived with no dependants. They also said the problem could be fixed if the wing commander dedicates more Operations and Maintenance funds to purchase more furniture for unaccompanied personnel living off base.

I think items ought to be distributed on a first-come, first-serve basis.

**R**esponse: Thank you for your inquiry and opinions about unaccompanied furnishings. I realize this can be frustrating, as we have had similar inquiries on this subject. First, let me assure you our military family housing office is working hard to serve the needs of our accompanied and unaccompanied members.

Per USAFE supplement to AFI 32-6004, “assets are authorized to be used interchangeably.” We can consolidate military family housing-funded and O and M-funded furnishings for account purposes and can then issue either MFH-funded or an O and M-funded stock to unaccompanied members; however, we cannot issue more furnishings to un-

accompanied members than we have paid for with O and M funds.

For example, suppose we have sufficient funds to purchase 100 MFH-funded wardrobes and 20 O and M-funded wardrobes. We can consolidate the stock, and unaccompanied members may get either a MFH or an O and M wardrobe until we have issued a total of 20 wardrobes to unaccompanied members.

Issuing any of the remaining 100 wardrobes to unaccompanied members would mean supporting an O and M requirement with MFH funds, which is prohibited by law. We simply cannot offer less to families to make more available for unaccompanied members.

While MFH funds have generally been sufficient to purchase furnishing stock for issue to families, O and M funding for unaccompanied furnishings has been more difficult to source. We have made, and will continue to make, every effort to obtain O and M funding to purchase more furnishing for unaccompanied members. Incremental purchases, especially at year end, have helped alleviate shortfalls.

Additionally, through significant efforts from our MFH personnel, we now have permission from USAFE headquarters to offer some excess MFH-funded furnishings to unaccompanied members. Although we are still finalizing the specific excess levels, we feel the quantities that will be made available will significantly reduce furnishing shortfalls for our unaccompanied members.

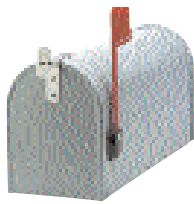
Our housing office is working hard to provide furnishings to unaccompanied members and to eliminate waiting lists for those furnishings. If you still have questions, I urge you to contact our housing flight chief, Denise Hastye, at 452-7942 to discuss availability of wardrobes. Again, thanks for your concern.





## Community Mailbox

Submit "Community Mailbox" advertisements 10 days before the desired publication date to [publicity@spangdahlem.af.mil](mailto:publicity@spangdahlem.af.mil).



### Flowers available

Flowers, flower boxes and soil will be available for Spangdahlem AB and Bitburg Annex military family housing residents. Spangdahlem AB residents can pick up items in the open area adjacent to the Spangdahlem Housing Office, building 454. Bitburg Annex residents can pick up items at housing maintenance, located in building 2026. Bring military identification cards. Remaining pick up times are today from 7:30 a.m. to 5 p.m. and Saturday from 8 a.m. to noon.

### Zakk Wylde visits

Meet Black Label Society singer and guitarist Zakk Wylde at the 52nd Services Squadron Music Video Express May 30 at 10 a.m. Along with his band, Zakk, the current guitarist for Ozzy Osbourne, will sign autographs for troops for two hours. For more information, call Andy Rice at 452-6466.

### ARC raffle volunteers

The American Red Cross will conduct an approved raffle from May 31 through June 16. The event calls for volunteers from 10 a.m. to 6 p.m. on days of operations at the Spangdahlem AB and Bitburg Annex commissaries and the Spangdahlem AB post office. For more information, e-mail [thomas.smith@spangdahlem.af.mil](mailto:thomas.smith@spangdahlem.af.mil) or call the ARC at 452-9440.

### ECC news

The following events take place at the Brick House in the Eifel Community Center. For more information, call Kim McElfresh at 452-7381.

- Casino night takes place Saturday from 6-11 p.m. and features roulette, Texas hold 'em, blackjack, bingo and more. Games are played with Brick House bucks, and the cost for \$100 worth is \$5. At 11 p.m., people can use their winnings in the casino auction to get MP3 players, DVD players, digital cameras, movies and more.

- Girl's day out takes place June 25 from 11 a.m. to 3 p.m. and offers facials, massages, nails, Tupperware and Pampered Chef items, and space to watch a movie. There will also be a cookie recipe competition.

### School news

Spangdahlem Elementary School

- The Parents, Teachers and Students Association will host a yard sale Saturday from 8 a.m. to 1 p.m. at the SES parking lot. To reserve a slot to sell items, call Brenda Sullivan at 06565-933379. Cost is \$5 per slot and \$1 per children's corner slot (with adult supervision).

#### Spangdahlem Middle School

The SMS PTSA will hold elections for next year's officers Tuesday at 4:30 p.m. in the multi-purpose room. All members and interested parents are invited. The events for the rest of the school year will be briefed and discussed. Nominations for president, vice president and secretary will be taken. Nominees must be parents of SMS students. For nominations or for more information, call Master Sgt. Joe Lemke at 452-6225.

#### Bitburg Elementary School

- Bitburg Elementary School seeks substitute teachers. Visit the school to pick up the application packet. For more information, call Claudia Wells at 452-9215.

- BES will host "Annie Jr." June 1-3 at 7 p.m. at the BMS school gym. Admission is free. Call 452-9215 for more information.

- BES and SES are now accepting applications for the 2005/6 school year for Sure Start. Applications can be picked up at the BES main office. Children must be age 4 on or before Oct. 31, 2005. Sure Start is a comprehensive pre-school program that is similar to the Head Start program in the U.S. A selection committee will meet in August 2005 to review all applications, and the school will notify families if their child has been accepted into the program. App-

lications are accepted for the ranks of E-1 through E-9 and their civilian equivalents, with priority placement given to the ranks of E-1 through E-4. Call Mary Marchand at BES at 452-9442 or Barbara Triplett at SES at 452-6881 for details.

### ACT Eifel directors

The ACT Eifel Board of Directors are currently seeking directors for the one-act play festival this fall. People interested in directing a one act or who have a suggestion for a one act can notify ACT Eifel by June 7. The next board of director's meeting and members will consider one-act plays for October with directors' and script ideas. For more information, e-mail [acteifel05@hotmail.com](mailto:acteifel05@hotmail.com).

### Father's Day Brunch

Club Eifel hosts a Father's Day Brunch June 19 from 10:30 a.m. to 12:30 p.m. and from 1:30 to 3:30 p.m. The homestyle menu includes fried chicken, ham, catfish, crab legs, grits and more. Reservations are required, and tickets must be paid for at the time the reservation is made. People can make reservations Mondays through Fridays from 11 a.m. to 5:30 p.m. by calling 452-4639 and by using a club card or credit card to make payment. Club members will have reservation priority beginning June 1. All other reservations will be accepted beginning June 13.

### Base photography contest

Each year, the Arts and Crafts Center sponsors a base-wide photography contest. All arts and crafts patrons (U.S. identification card holders) may submit entries. Contestants can have their photos mounted at the frame shop in building 189. Groups include: monochrome, color prints and digital photos. Categories include: military life, people, nature or scenic, creative effects and computer imaging. Judging will be done by adult and youth age groups (age 17 and under). Call the Arts and Crafts Center at 452-8841 for complete rules.

## Chapel Services

### Singles and unaccompanied dinner

The 52nd Fighter Wing chapel services group will sponsor a free, home-cooked potluck meal to all single and unaccompanied military members Thursday from 5-6:30 p.m. at the Spangdahlem AB chapel, building 135. Menu items will include enchiladas, macaroni and cheese, crab stuffed mushrooms, broccoli casserole and more. For more information about this Combat TOUCH program, call the chapel at 452-6711 or 452-6281.



# FRIDAY NIGHT QUICK BITE

**NEW!**

**NO COUPONS TO CLIP • DINE IN OR CARRY OUT**

**One 16" pizza w/ 2 toppings**  
**One large garden salad w/ dressing**  
**One large order of onion rings**  
**Up to five fountain drinks.**

# ONLY \$20

**A \$25 VALUE!**

**Just stop into J.R. Rockers and place your order.**  
**It will be hot, fresh and ready in minutes!**

**Available only on Friday night**  
**4:30-9 p.m.**  
*(Sorry, no call-in orders at this time.)*



## Der Markt

### Free classifieds policy and submission deadlines

Der Markt is for the personal resale of items by military and civilian employees and their families. Items such as advertisements for rental property won't be published due to funded paper restraints. Ads should be 35 words or less and customers are limited to no more than two ads per week. Ads must be typed or printed legibly and turned into the public affairs office, building 23, at least **10 days before the desired date of publication**. Ads can also be e-mailed to [publicity@spangdahlem.af.mil](mailto:publicity@spangdahlem.af.mil) or sent via fax to 452-5254. Having ads in by deadline does not guarantee publication. Ads for services generating regular income will not be published. The ads must include the sponsor's name and telephone number. Ads not meeting these requirements, including those exceeding the designated word limits, will not be printed. The *Eifel Times* staff reserves the right to edit ads.

### Vehicles

1996 BMW 520i wagon, 5-spd., CD, AC, new brakes and tires, 198,000 kilometers, \$5,000 OBO. Call 06563-962513 or 0160-96204429.

1995 Opel Astra station wagon, 170,000 kilometers, 5-spd., driver and passenger airbags, AC,

sunroof, CD, radio, summer and winter tires, new muffler and rear brakes, \$3,400 OBO. Call Darren or Kjersti at 06569-960216 or 0160-94781772.

1995 Pontiac Grand Prix SE, 2-dr., 90,000 miles, 3.1L V6, AT, Alpine CD/MP3 player w/ XM, Diamond audio (6-inch by 9-inch), Infinity Kappa

Perfect speakers (5.25 inch component system), Infinity four-channel amplifier, Viper alarm w/ remote start, tinted windows, all weather tires, car is available after June 1, \$4,500. Call Senior Airman Stroot at 0170-2132401 or 452-6263.

1992 VW Golf CL 1.8L, new spark plugs, wires,

battery, belt, fan, alternator, pads, CD, \$1,700 OBO. Call Staff Sgt. Van der Puy at 452-6509 or 06527-936109.

1991 red Volvo, 4-dr., \$1,800 OBO. Call 0175-5334910 or 06562-965540.

1989 blue BMW 535, 5-spd., \$2,000. Call Senior Airman Harris at 0657-8985431 or 452-7140.

1988 red Golf II, new rear shocks, sunroof, 3-dr., 54 HP, 260,000 kilometers, \$990. Call Elke at 452-6286.

### For sale

Signed Hummel figurines w/certificates and original boxes: Checkpoint Charlie, \$100; Crossroads, \$140; Stars and stripes, \$100; Advertising, \$65, and Airlift memorial, \$90. Call Jane at 06575-903406.

Two 52-in. ceiling fans, \$25 each; dishwasher w/side cabinet drawer and wood top, \$150; humidifier, \$15; space

heater and fan, \$10; food processor and mixer w/accessories, \$10; Braun electric toothbrush, \$10; 1000-watt transformer, \$20; 110-volt items: HP PCS 500 all-in-one printer/scanner/copier/ w/new cartridges, \$100; Brother fax machine, \$20; iron, \$3; 25-in. Magnavox TV w/ remote, \$35; 13-in. TV w/ remote, \$15; 2.4 Ghz cordless phone w/ ans. machine and all accessories, \$20; four curling irons, various sizes, \$3 each. Call 06562-966886.

Three 110-volt fans, \$15 each; aerobic exerciser, \$25; ABS inversion boots w/ bar, \$60; mini trampoline, \$10; floor stepper, \$20; Belkin series G wireless router and card, \$65; all items best offer. Call Master Sgt. Jung at DSN 456-5258 or 01511-241-8261.

Infant toddler high chair, \$10; 220-volt items: digital microwave, \$30; hair

dryer, \$3; extension cords, \$2; ISDN/DSL Teledat modem and splitter w/cables, \$50; best offer for all items. Call Tech. Sgt. Homan at 0171-9488952.

Treadmill, \$250 OBO; Gazelle, \$100; exercise bicycle, \$250 OBO; two cherrywood end tables, \$200. Call Senior Airman Harris at 0657-8985431 or 452-7140.

Seven drawer antique French dresser w/ dark finish, \$50; white kitchen cabinet set w/ five drawers, \$150; 65-inch white bathroom cabinet, w/ 12-inch cube shelves, \$20; sink cabinet, \$10; kitchen corner table w/ two chairs, \$75; baby changing table, \$10; patio table w/ four chairs, \$30; infant carrier and car seat, \$10; baby exersaucer, \$10; tent, \$25; Brita water filter, \$5; hinged wooden baby gate, \$5; unused cat litter box w/ top, \$5; two child step stools, \$3 each; size 12-14

women's clothing, some maternity, baby clothing, shoes, size 0-24 months, baby shoes, best offer. Call 06562-966886.

German style box spring w/ mattress, \$50 for all; 1970s couch, red cloth w/ wooden frame, \$60; wooden table, \$20; German phone, \$15; answering machine, \$15; small transformer, \$20. Call 0171-9320110.

Two-year-old sofa and loveseat, \$600 OBO for set. Call Staff Sgt. Van der Puy at 06527-936109 or 452-6509.

Sky system w/ satellite, \$300; girl's mountain bicycle, \$30; baby crib, \$30. Call 0175-7495045 or 06565-933597.

Livingroom set: brown leather sofa, loveseat, chair and table, \$400; boy's jacket, pants, shorts and shirts; women's dresses, shirts, pants, size small; women's long, black, leather coat, size medium/large; women's

beige, suede, faux fur lined, \$50; toys, children's DVDs, videotapes, videogames, women's shoes, assorted potted plants, items best offer. Call 06568-9699896.

French oak dining room shrunk, three meters, able to disassemble, middle piece is rounded glass cabinet, \$500. Call 06569-960371.

220-volt Kettler treadmill, \$350. Call 06561-947901.

Wooden swingset w/ slide, rings and climbing net, \$150; Sky digital system w/ receiver, VCR converter and satellite dish, \$500. Call Pat or Kelly at 06563-962513 or 0160-96204429.

Five dining room chairs, \$25; wicker headboards: twin, \$10; queen, \$20; children's table and chairs, \$10; 100-volt 14-inch television, \$15; children's wicker rocker, \$5; brass lamps, \$8; sofa and chair, \$100. Call

06569-960-0852.

220-volt items: microwave and conventional oven, \$75; toaster, \$10; DSL modem, \$50; iron, \$10; stick mixer, \$5; wooden modular bunkbeds w/ mattresses, \$150; lg. wood wardrobe w/ side shelves, \$150; girl's 10-spd. bicycle, \$30. Call 06562-931377.

Two-year-old HP office jet V40 printer, fax, scanner and copier, needs some repair. Includes cords and software, best offer. 06561-695532.

Little Tykes racecar toddler bed, blue, w/ board and mattress, \$100 OBO. Call Elizabeth at 06562-931821.

### Wanted

Six-string electric guitar w/ amplifier, will pay up to \$200. Call Silvia at 452-6413 or 06575-4957 after 4 p.m.

House w/ garage to rent as soon as possible. Call 0160-4662791.



Make a splash ...

# Eifel pools gear up for summer time fun

Story and photo by Iris Reiff  
52nd Fighter Wing Public Affairs Office

(Editor's note: The following is part two of a two-part list of nearby Eifel area swimming pools)

## Kyllburg

The Kyllburg pool is now open for the 2005 summer season. It will remain open daily from 10 a.m. to 7 p.m. until the beginning of September. The pool is located outside the town and in the forest.

The entry fee is 3.50 euro for adults and 1.50 euro for children up to age 18. Ticket books, season cards and family cards are available at the pool. The swim complex holds about 3,000 people. A 57-meter long water slide, a toddler's bathing pool and a diving board are available at the pool.

To get to the pool, turn right at the main gate traffic circle when leaving the base and follow the signs to Oberkail. From Oberkail, follow the signs to Kyllburg. Coming from Oberkail, you'll be going down a hill and over a bridge.

Stay on this road until you go up a hill and get to the intersection. There will be a Kressparkasse bank on the right. Turn left at the bank

and follow the Freibad sign. For more information about the pool, call 06563-931179.

## Trier

Trier has two pools, the Freibad Nord and Sued pools.

Freibad Sued is the biggest pool in the region, holding up to 10,000 visitors. It features a 10-meter diving board. The pool will open the end of May for the 2005 summer season.

Normally the pool is open each Tuesday through Friday, from noon to 8 p.m., and weekends and German holidays, from 10 a.m. to 6 or 8 p.m., depending on the weather. During excellent weather periods, the pool will also be open Mondays.

Entry fees are 2.80 euro for adults and 1.50 euro for children up to age 16, including students. Ticket books and family cards are available. The pool is located in Trier-South, Feyen, a suburb of Trier. Call 0651-31501 for more details.

Freibad Nord, located on the right-hand side on Zurmaiener Strasse (the road that gets people coming from the Autobahn into Trier), is open each Monday through Friday from 6 a.m. to 7:30 p.m. and each Saturday and Sunday and on German holidays,

from 7 a.m. to 6 p.m. Adults pay 2.80 euro while children, up to age 7 and all university students with a valid student ID, pay 1.50 euro. Toddlers, up to age 7, get in free. Freibad Nord holds up to 3,000 people. For more information about Freibad North, call 0651-25145.

## Schweich

Schweich has a swimming and entertainment pool, which is now open for the 2005 summer season. This complex has a water surface of 1,375 meters and includes swimmer and non-swimmer sections, a separate diving pool with one- and three-meter diving boards and three different water slides up to six meters long. One is a surface slide, where up to five people can slide together right next to each other.

The Schweich pool has an integrated whirlpool with massage nozzles, waterfalls, plus a nice toddlers' pool.

The pool is open each Monday from 10 a.m. to 7 p.m., each Tuesday and Wednesday from 7 a.m. to 7 p.m., each Thursday through Sunday, and holidays, from 6 a.m. to 7 p.m.

During good weather conditions,



Locals enjoy a sunny Eifel day at the Wittlich Vitellius swimming pool, which opened Saturday. The pool remains open until September.

the pool may remain open until 8 p.m. Entry is 3 euro for adults and 1.70 euro for children up to age 18. Groups of youngsters of 10 or more get a price reduction. Children up to age six get in for free.

Ticket books and season cards are also available at the Schweich pool. For more information about the Schweich pool, call 06502-2497.

Additional pools can be found in the communities of Neuerburg, near Bitburg; Bleialf; Schoenecken and Pruem. Other outdoor pools are at the Daun Gemuendener Maar, Pulvermaar and Schalkenmehrener Maar volcanic craters.

Visit the different pools and decide which one you like the best before purchasing a ticket book or season card.

## Movies

The following movie listings are for today through June 2. Times and movies are subject to change. For current information, call 06565-61-9441 or 452-9441. Movie synopses are available at [www.aafes.com/ems/default.asp](http://www.aafes.com/ems/default.asp).

### Spangdahlem Skyline

Today

*The Ring 2* (PG-13, 7 p.m.)

Six months after the incidents involving the lethal videotape, new clues prove that there is evil lurking in the darkness.

*Sahara* (PG-13, 10 p.m.)

Master explorer Dirk Pitt goes on the adventure of a lifetime, of seeking out a lost Civil War battleship known as the "Ship of Death" in the deserts of West Africa while helping a UN doctor being hounded by a ruthless dictator.

Saturday

*Ice Princess* (G, 7 p.m.)

With the help of her coach, parents and the boy who drives the Zamboni machine, nothing can stop Casey from realizing her dream to be a champion figure skater.

*The Ring 2* (10 p.m.)

Sunday

*Ice Princess* (4 p.m.)

*Sahara* (7 p.m.)

Monday

*Ice Princess* (7 p.m.)

Tuesday

*Sahara* (7 p.m.)

Closed Wednesdays and Thursdays

May 27

*Hostage* (R, 7 p.m.)

A failed police negotiator turned small town cop must save the lives of a family held hostage.

*Amityville Horror* (R, 10 p.m.)

A family is terrorized by demonic forces after moving into a home that was the site of a grisly mass-murder.

May 28

*Amityville Horror* (7 p.m.)

*Hostage* (10 p.m.)

May 29

*Robots* (PG, 4 p.m.)

Rodney Copperbottom is an idealistic robot who wants to convince his electronic brethren to come together and work toward making the world a better place.

*Hostage* (7 p.m.)

May 30

*Robots* (7 p.m.)

May 31

*Amityville Horror* (7 p.m.)

### Bitburg Castle

Today

*Beauty Shop* (PG-13, 7 p.m.)

A hairstylist opens up a beauty shop full of customers who are more interested in speaking their minds than getting a cut.

Million Dollar Baby (PG-13, 9:30 p.m.)

A hardened trainer who becomes a manager works with a determined woman in her attempt to establish herself as a boxer.

Saturday

*Be Cool* (PG-13, 4 p.m.)

Disenchanted with the movie industry, Chili Palmer tries the music industry, meeting and romancing a widow of a music exec on the way.

*Diary of a Mad Black Woman* (PG-13, 7 p.m.)

A couple's good marriage begins to crum-

ble when the wife discovers her husband's intentions for divorce.

Sunday

*Beauty Shop* (4 p.m.)

*Million Dollar Baby* (7 p.m.)

Closed Monday and Tuesday

Wednesday

*Star Wars Episode III: Return of the Sith* (PG-13, 2 p.m., 6 p.m. and 9:30 p.m.)

After three years of fighting in the Clone Wars, Anakin Skywalker begins his journey toward the Dark Side of the Force, putting his friendship with Obi Wan Kenobi and his marriage at risk.

\*Advance ticket sales begin today at the Bitburg Theater.

For each showing, the theater will sell 100 advance tickets only.

Thursday

*Be Cool* (7 p.m.)

May 27

*The Ring 2* (7 p.m.)

*Sahara* (9:30 p.m.)

May 28

*Ice Princess* (4 p.m.)

*Hostage* (7 p.m.)

May 29

*Ice Princess* (4 p.m.)

*The Ring 2* (7 p.m.)

May 30 and 31

Closed

June 1

*The Ring 2* (7 p.m.)

June 2

*Sahara* (7 p.m.)

## Out and About

♦ Enjoy the sounds of Gary Sinise and the "Lt. Dan Band" **tonight** at 8 p.m. at the fitness center. Doors open at 7:30 p.m., and the show is slated to run nearly two hours. For more information, call the community center at 452-7381.

♦ Attend a free outdoor Toby Keith concert **Saturday** at Supreme Headquarters Allied Powers Europe, Belgium. The opening act, Task Force Eight, is a military band and performs at 1 p.m. Toby Keith will perform at 3 p.m. For details, call the community center at 452-7381.

♦ Don't miss the Army and Air Force Exchange Service's Dutch Spring Bazaar at the Schinnen Army post in the Netherlands, **Saturday** from 10 a.m. to 7 p.m., and **Sunday** from 11 a.m. to 4 p.m. For details, call Paul Olney at 360-7586.

♦ A night boat cruise on the Mosel River takes place **May 27** at 8 p.m. The cruise is a wine probe and features a performance from Spangdahlem's "St. Quirinus" band. Tickets can be pre-purchased for 12 euro from the Brauneberg tourist information office or at the boat for 13 euro. The event attracts a variety of age groups, with the majority being older adults. For details, call the Brauneberg tourist information office at 06534-933333.

♦ Participate in the Third Annual German Walking Day **May 28** at 2 p.m. from the Manderscheid Kurhaus spa. The walk covers a 6K and a 10K route. For details, call the Manderscheid tourist information office at 06572-932665 or visit their Web site at [www.manderscheid.de](http://www.manderscheid.de).

♦ Downtown Trier offers four shopping Sundays in 2005. The next Sunday shopping day is **May 29** from 1-6 p.m. in the Trier inner city. For more information, visit the Trier City Web site at [www.trier.de](http://www.trier.de).



## Nutrition

### Fruits, vegetables make world-wind tour this summer

**By Kay Blakley**  
Defense Commissary Agency Europe  
consumer advocate

With summer on the horizon, people may begin craving fruits and vegetables they normally cannot get during the cold season months.

For people looking for an easy way to keep their weight in-check while supplying their body with important nutrients it needs, they may want to indulge in a variety of fresh fruits and vegetables.

Fruits and vegetables are referred to as "nutrient dense" because they provide high amounts of important vitamins and minerals, plus dietary fiber, for only a few calories per serving. People should include a lot of these in a healthy diet.

At a 2,000-calorie a day level, people will need about two cups of fruit each day -- that includes one small banana, one large orange and a quarter cup of dried fruit, such as dried apricots or raisins.

Sometimes people equate only "fresh fruits and vegetables" with healthy choices, but that's not necessarily so. All the choices don't have to be fresh; frozen, canned or dried fruits are nutritious as well. Just look for canned fruits

in natural juice or light syrup to minimize added sugar -- and to keep the calorie count low.

People should also limit their serving size when it comes to dried fruits. Read the nutrition panel on a box of raisins and compare the calorie count to that of fresh grapes -- that's what raisins are.

One small box (1.5 oz) of raisins weighs in at 129 calories, while one seedless green grape has only three calories. People could eat 43 grapes before they surpassed the calorie count of the box of raisins. The high calorie raisins are not a bad choice; they are simply a concentrated form of the fresh fruit, so limiting the serving size is very important.

The average adult needs about two-and-a-half cups of vegetables each day, and the wider the selection, the better. Vegetables can be tucked into every meal, even breakfast.

Slip some bell peppers and onions into a breakfast omelet; have a few carrot, celery and zucchini sticks with a lunchtime sandwich. Even consider a generous serving of salad with vegeta-

bles with fish, poultry or meat at dinner.

It will have met or exceeded the daily requirement without much effort at all. Be sure to include dark green vegetables like broccoli and spinach, and orange vegetables like carrots, sweet potatoes and winter squash on a regular basis.



Even though people won't find them in the produce section, dried beans and peas count as vegetable servings too.

Pinto and black beans, split peas and lentils can be a regular part of the diet as well.

As with fruits, all vegetable choices don't always have to be fresh. Canned or frozen vegetables are nutritionally comparable to fresh cooked vegetables, but read the nutrition label and keep the sodium level low when using canned vegetables.

When reading labels, people need to be aware that a certain number of sodium milligrams per serving may not mean much by itself, but checking the Percent Daily Value column to the far right side of the nutrition panel will put it in better perspective. Five-percent Daily Value is low; 20-percent or more Daily Value is high.



David Niebergall

#### Put the pedal to the spatula?

Dennis Wingler, Club Eifel executive chef and spouse of Capt. Ilaina Wingler, 52nd Medical Operations Squadron, takes part in a 52nd Services Squadron duathlon last year. He recently was selected for an all age-group triathlon team, where the 2005 31-person team will compete in upcoming triathlons around the world.

#### June's Daily Bowling Specials:

**Sunday:** Family Day from noon to 4 p.m., discounted bowling and free shoe rental

**Tuesday:** Deployed Family Day is all day, and games cost \$1 per person. Participants must show their Combat Care button

**Thursday:** Ladies Night from 6 p.m. to close, and the cost is 50 cents per game for all ladies

**Friday:** Color Pin Bowling from 6 p.m. to close, and the cost is \$2.25 per game. Participants can win free games, MVX movie rentals or free Internet time at Cyber City

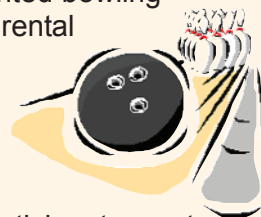
**Saturday:** Glo Bowling from 6 p.m. to close, and the cost is \$2.50 per game per person. Enjoy lights, music and fun for all ages. This is a popular event, and lanes go fast.

**Kids 50/50 Summer Bowling** Monday through Friday from 11 a.m. to 6 p.m., and the cost is 50 cents per game and 50 cents for shoes. This bowling special is valid for students up to age 18. Children under 10 years old must be accompanied by a parent or guardian at all times.

#### Father's Day Special

June 19 from open to close, where dads pay 50 cents per game when accompanied by his family.

For more information, call Eric Guth at 452-2695.



## Sports Briefs

#### Dexheim biathlon

Sabers can take part in the Dexheim biathlon near Wiesbaden Saturday. Registration is from 8-9:45 a.m., and the race begins at 10 a.m. Awards will be presented for first place male and female, as well as age group awards. The cost is \$30 per person, and people from Outdoor Recreation will be on-hand to rent bicycles. The course is a 10K loop through the local vineyards. The first lap is on bicycle, the second on foot and the third and final lap is on bicycle. For details, call Keith Oswald at 334-7650 or 334-7651.

#### Push, pull, drag

The fitness center challenges Team Eifel members to show off their brute strength with a "Push, Pull and Drag" contest Thursday. Participants compete in bench press, pull-ups and a car drag. The cost is \$3 per person. For details, call De Shane Casillas or Staff Sgt. Ann Mitchell at 452-6496.

#### Dodgeball challenge

Take part in the Spangdahlem Dodgeball Challenge Thursday at the fitness center. The challenge begins at 4 p.m., but participants must arrive no later than 3:45 p.m. There is a maximum of 12 teams with eight players per team. For details, call Senior Airman Erica Gonzalez-Arispe at 452-6634.

#### AFA softball tournament

The Air Force Association's third annual softball tournament takes place May 28-29 at Geilenkirchen AB. The cost is 100 euro per team, and there are prizes for first and second place. Proceeds help with future AFA activities in the Geilenkirchen area. For details, e-mail Tech. Sgt. Troy Hintermeister at troy.hintermeister@geilenkirchen.af.mil.

#### Intramural softball tournament

Take part in the Spangdahlem pre-season intramural softball tournament from May 31 to June 3 at softball fields one and two. All intramural squadron softball teams are encouraged to play. The cost is \$100 per team. Prizes will be awarded for first and second place teams and individual awards. For more information, call Mark Warner or Staff Sgt. Brian Sneed at 452-6634, or Tech. Sgt. Clifford Gonzalez at 452-6166.

#### Wingman Fun Run

Bring a wingman to the Wingman Fun Run June 1 at 3 p.m. at the Skelton Memorial Fitness Center. This 5K run will be a quarterly event, and prizes will be awarded. For details, call Airman Tanja Moore 452-6635.

#### Golf course news

##### Twilight golf

Hit the golf course for \$6 each Monday through Friday after 6 p.m. People can play until the sun goes down. Twilight golf starts June 1, and the cart fee is not included.

##### Terrible pin placement

Sign-up for the Terrible Pin Placement tournament at the Eifel Mountain Golf Course June 4 at 10:30 a.m. Play a nine-hole game, captain's choice format with four people on a team and no handicaps. The cost is \$10 per person, and green fees and carts are not included. For details, call Bobby Stevens at 452-4653.

#### BHS sports scores

Here are the Bitburg High School Barons and Lady Barons' scores for the May 14 soccer games played against the teams from the Black Forest Academy:

##### Girls varsity soccer

BHS Lady Barons beat BFA girls team, 1-0.

##### Boys varsity soccer

BHS Barons lost to BFA boys team, 0-7

## USAFE Cycling Series Road Race

**Wanted:** The Skelton Memorial Fitness Center hosts the 2005 U.S. Air Forces in Europe Cycling Series Road Race June 18 at 10 a.m. People interested in volunteering should call Senior Airman Erica Gonzalez-Arispe at 452-6634 or e-mail her at erica.gonzalez@spangdahlem.af.mil.

